## Reminders for Checking Pood IPemperatures

Using a food thermometer is the only sure way to know if food has reached the proper temperature while cooking, cooling and holding.

## Remember to:

Sanitize the thermometer each time before use to prevent cross-contamination.

$\checkmark$Use a thermometer that has a thin probe tip when checking thin foods like fish fillets.

Place thermometer in the thickest part of the food, away from bones and fat.

Insert the thermometer in the center of large or deep pans.


## Additional reminders:

It is recommended that temperature logs are used to record your results.
$\checkmark$ Calibrate thermometers routinely using an approved method, and especially after they have been dropped.

Infrared noncontact thermometers only give surface temperatures. The surface reading may not reflect the internal temperature.
$\checkmark$ Keep several thermometers available at all times in case of breakage, loss, damage and for
$\xrightarrow[\text { Food Temperature Log }]{\text { For }}$

