LifeWorks

Download the LifeWorks app

Feel supported, connected and rewarded wherever you are!

With the innovative LifeWorks app, you can access qualified support for your mental, physical, social and financial well-being, any time, from anywhere.

- Search for resources and tools on topics ranging from **family** and **life** to **health, money and work.**
- Connect to information and updates through the app's **News Feed.**
- Work out from home with **LIFT Virtual Session Fitness**. The virtual fitness classes make working out exciting, easy and efficient.

What's more, the app acts like your digital wallet card. You can call a LifeWorks advisor with just one tap – toll-free, 24/7 – for expert advice, resources and referrals.

Download the LifeWorks app today for convenient access to well-being support!

1. Download the free app on Android or iOS – simply search for "LifeWorks".

Download on the App Store

GET IT ON Google Play

2. Open the app, click on 'Log in' and enter your log-in credentials.

Username: VPAP

Password: resources

Call LifeWorks for support: 1-844-664-0379

VETERINARY PROFESSIONAL ASSISTANCE PROGRAM • VPAP •

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