

Approved Lifeguard and Lifeguard CPR Courses (Public Pools and Rec Ed Camps)

This document is updated as courses and certificates are added or removed.

Last revised: 1-13-2026

<p>Lifeguard (includes required approved Basic First Aid and Professional CPR/AED)</p>	<ul style="list-style-type: none"> • Boyscout Lifeguard PLUS approved first aid and CPR course • American Red Cross Lifeguard, with annual approved professional CPR course. • American Red Cross Shallow Water Lifeguard (<u>for water 5 feet or less in depth only</u>), with annual approved professional CPR course. • StarGuard Elite Lifeguard (check to make sure the certificate is not limited to one facility ty; for example, a shallow-water facility); StarGuard sometimes issues a certification that is limited to one facility. If that is the case, then that certification can only be used at that facility. • Milwaukee County Aquatics Lifeguard • Lifeguard Pro (Deep Pool, Swimming Pool, Waterfront, Youth Camp, Water Park). • YMCA Lifeguard • Ellis/International Lifeguard Training Program Lifeguard and Pool Training; or Lifeguard and Special Facilities, for depth indicated on certificate (Shallow means for 5 feet or less in depth). • American Aquatics and Safety Training Lifeguard (<u>full course</u>, online classroom component completion is only part of the full certification. The in-person component must be successfully completed as well. <u>The student must work with an instructor</u> to obtain the online link and then to complete the in-person component). • World Academy of Safety and Health Lifeguard
<p>Professional CPR</p>	<ul style="list-style-type: none"> • Any approved Lifeguard course (above) • American Safety and Health Institute BLS • American Red Cross Responding to Emergencies • American Red Cross Basic Life Support (BLS)/Provider • American Red Cross CPR/AED for the Professional Rescuer • American Heart Association BLS • Emergency Medical Technician (any state) • Emergency Medical Responder (any state) • Department-approved training that includes CPR for the professional rescuer • National Outdoor Leadership School Wilderness Advanced First Aid and Wilderness First Responder