

Approved Courses for Lifeguards

This document is updated as courses and certificates are added or removed.

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<p>Lifeguard (includes required approved Basic First Aid and Professional CPR/AED)</p>	<ul style="list-style-type: none"> • Boyscout Lifeguard <u>WITH approved first aid and professional CPR course</u> • American Red Cross Lifeguard, initial or with annual approved professional CPR course. • American Red Cross Shallow Water Lifeguard (<u>for water 5 feet or less in depth only</u>), <u>initial or</u> with annual approved professional CPR course. • StarGuard Lifeguard (check to make sure the certificate is not limited to one facility; for example, a shallow-water facility); StarGuard sometimes issues a certification that is limited to one facility. If that is the case, then that certification can only be used at that facility. • Milwaukee County Aquatics Lifeguard • Lifeguard Pro (Deep Pool, Swimming Pool, Waterfront, Youth Camp, Water Park) and Lifeguard Instructor • YMCA Lifeguard • Ellis/International Lifeguard Training Program Lifeguard and Pool Training; or Lifeguard and Special Facilities, or Waterfront. May not be used deeper than depth specified on certificate. Shallow is approved for waters 5 feet deep or less. • American Aquatics and Safety Training Lifeguard • World Academy of Safety and Health Lifeguard
<p>Professional CPR</p>	<ul style="list-style-type: none"> • Any approved Lifeguard course that contains CPR/AED component (see above) • American Red Cross CPR/AED for the Professional Rescuer • American Red Cross BLS • American Red Cross Responding to Emergencies • Emergency Medical Technician (any state) • Emergency Medical Responder (any state) • Department-approved Wilderness First Aid/CPR • Department-approved professional/rescuer CPR (not basic CPR) • American Safety and Health Institute BLS • American Heart Association BLS • Emergency Care Safety Institute BLS